

Budget Worksheet for Transitioning Young Adults

Use this worksheet to plan your monthly budget. Fill in estimated costs for each category and compare them to your monthly income to ensure a balanced budget.

Expense Category	Estimated Cost (\$)
Housing (Rent/Mortgage)	
Utilities (Electric, Water, Internet)	
Groceries	
Transportation (Bus, Car, Gas)	
Healthcare (Insurance, Medications)	
Personal Care	
Entertainment	
Savings	
Emergency Fund	
Miscellaneous	

Total Monthly Income (\$):	
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Total Expenses (\$):	
Remaining Balance (\$):	